



**FELLOWSHIP OF  
CHRISTIAN  
ATHLETES**

## **Distance Camp Zoom Calls**

### **Discussion Guide**

**June 2020**

**Week 3 – Mark Misch**

### **Warm-Up**

1. Running provides a unique opportunity to build relationships with like-minded people. Share about why the relationships you have with people in the running world mean so much to you.

### **Workout**

*“As each has received a gift, use it to serve one another, as good stewards of God’s varied grace:” – 1 Peter 4:10*

#### Embrace Your Role

1. Share about a time when you have observed a teammate walk through a hard situation either on the team or in life. Talk about the positive impact that made in your life and others.

*“Humble yourselves before the Lord, and he will exalt you.” – James 4:10*

#### Enjoy the Process

2. Why do you want to run? Would you still do it even if no one publically recognized your efforts?

*“give thanks in all circumstances; for this is the will of God in Christ Jesus for you.” – 1 Thessalonians 5:18*

#### Make Every Day Count

3. How have you seen adversity create opportunity to bring God Glory?

*“Do not boast about tomorrow, for you do not know what a day may bring.” – Proverbs 27:1*

### **Cool Down**

1. Coach Misch has run every day for an incredible 15 years straight! Take a moment to consider the impact of simply being faithful.